

Development and Conditioning Week

August 30th to September 3rd

Four divisions limited to 30 players per division

NOVICE

ATOM

PEEWEE

BANTAM/MIDGET/HIGH SCHOOL

5 hours of on-ice training with 1/2 hour dryland to follow each on-ice session.

COST IS \$30.00 PER PLAYER

First sessions are Monday, August 30th

Novice:6:15pm

Atom: 7:15 pm

PeeWee8:15pm

Bantam/Midgets/HS9:15pm

NOTE: Dryland sessions for PeeWee and Bantam/Midget/High School will be as follows:

PeeWee @ 6pm and Bantam/Midget/HS @ 6:30pm

Dryland participants are asked to wear appropriate clothing and footwear.

To register for the camp please call
Brent Tookenay @ 274-0536
and leave a message.